The role of abnormal psychology has helped Christians understand human character and behaviors. The people who were gaining knowledge about abnormal psychology began to understand, treat human personality, and behavior in a way which is usually disconnected from Christian perspectives on life, and sometimes in ways that seem to contradict what Christians believe. Spiritual development played a big role in how someone had a further understanding of mental illnesses by their sin, faith, knowledge, and Christian life. "In other words, their concern was most often directed toward the shaping of moral character and the enhancement or deepening of a believer's relationship with God"(Johnson, Jones). Christianity influenced and transformed the way people who were studying abnormal psychology think about other people. Just like the second commandment "Thou shalt love thy neighbour as thyself" (22:37-29). Like God has has said we shall love our neighbors as ourselves, no matter what the circumstances are. No matter what someones problem is we are told to love them as ourselves, which I think is the most important thing. If people were to judge and not love one another just by what their character or behavior is than that is not the Christian way. I think this was a significant role in the history of abnormal psychology because people were able to learn about their personality and figure out how to make things better for them. Rather than shaming and judging them for the way God created them. Some Christians thought there were many marvelous things to learn from abnormal psychology, while others were very cautious. Christian philosophers after the Middle Ages continued to reason about human behaviors in ways that shed light on abnormal psychology. "While a certain form of psychology and therapy originated in the late 1800's, psychology and counseling have been practiced by Christians for centuries" (Johnson, Jones). Christians contributed and played a significant role in psychological insights such as, emotions, spiritual and character development, impact of sin, violations, and the role of God and grace in human development. Abnormal psychology has shaped modern Christianity by perceiving and interacting with people who have a mental illness. The big conception is the foundational Christian belief is that the world has been destroyed by the presence of sin that have affected all aspects of the human body mind, body, and spirit. As Christians we believe that God chose his one and only son to die on the cross for all of our sins. God answered to all of our needs by the sending of his one and only son, the death and resurrection of Christ is the lifting for mental healing. God has the ultimate authority to know when a person's problems require healing, but the end goal of all healing is through God and having a relationship with Him. Experiencing healing with your mind, body, spirit, and your heart from mental illness is the first step to being a follower of Christ.

What are your beliefs on mental illnesses and sin?

Holy Bible, new international version. (1999).

Johnson, E. L., & Jones, S. L. (2014). *A History of Christians in Psychology*. InterVarsity Press. https://www.ivpress.com/Media/Default/Downloads/Misc/2263-Chapter-1.pdf